

Learn to Play Hockey

With Cross Ice Games

Winter Session 2017-2018



What is Learn to Play Hockey?

Learn to Play Hockey is a skills program designed to introduce the game of hockey to young players. Players will be divided into groups based upon age, size, previous hockey training (if any) and present abilities. Our goal is to introduce each player to the game of hockey, in a positive and enjoyable learning environment, ensuring they will not only learn the fundamentals of the game, but will have a great time doing it!

What is Cross Ice Hockey?

A program to further develop skills and competitive team play for players ages 4-9, Cross Ice Hockey is designed to accelerate the development of an individual player's core ice hockey skills in a team oriented setting while keeping a fun and positive atmosphere on the ice.

How Does it Work?

Coaches will coach & teach players during the game and will also be responsible for officiating games.

The emphasis will be on **FUN** for all players while developing players' core hockey skills.

The game is small-sided, played 3vs3 or 4vs4. Games will be played **across** the width of one zone or on **half** the ice.

What are Skills Sessions?

Friday night - practice/skill sessions that incorporates professional instruction on Fundamental Skills: skating for hockey, passing, shooting, stick-handling and team play. Saturday Mornings - Cross Ice Games.

Why did we design a LTPH / Cross Ice Hockey program that focuses on small-sided games?

The environment fosters the development of mentally strong athletes

Players cannot get lost or hide in the small-sided game environment. With fewer players on the ice, our players learn how to make less complicated decisions in a game situation. Small-sided games encourage "fast" play and quick decision making.

There are more opportunities to coach

The Cross Ice Small-Sided game allows coaches a perfect opportunity to observe and analyze the individual and collective responses of players under quick game-like conditions in a simple environment.



Schedule and Session Options:



Session A (half season)

Friday: 11/3/17- Sat. 1/6/18

Practice/Skills: Fridays

X-Ice Games Saturday Mornings

\$295.00 per player

Session B (half season)

Friday 1/19/18- Sat. 3/24/18

Practice/Skills: Fridays

X-ice Games: Saturday Mornings

\$295.00 per player

Session A and B (full Season)

Friday: 11/3/17- Sat. 3/24/18

Practice/Skills: Fridays

X-ice Games: Saturday Mornings

\$499.00 per player (Save \$91)



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*USA hockey registration required at signup

Register online at:

<http://www.usahockeyregistration.com>