



**Elite Hockey Development (EHD)
High School Pre-Season Development Program**

The characteristics of our High School Development program are based purely on skill development. The goal for this program is to provide a comprehensive skills development program for the serious and committed hockey player. The focus is to combine on-ice and off-ice training to prepare each player for their upcoming High School / Prep School Season.

Program Highlights:

Player and Goalie Options:

Pre- Season Tuition Cost: Player \$1295.00

The program includes:

- 38 hours of on-ice Development September 7th through November 23rd
- 12 Wednesday night Skills (9:10pm)
- 8 Friday night practices (8:30pm)
- 12 Wednesday night off-ice training session with APC (7:45pm)
- 8 Friday night off-ice workouts with EHD staff (7:30pm)
- 12 Sunday night games played at the Rinks at Exeter
- 30 player max /4 goalie max
- Practice jerseys and socks
- Game jerseys provided

**Goalie training with GDS available for an additional discounted fee

Regards,

Kurt Mallett

Director of Hockey Operations

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